



## BHUTAN

### DRAGON FESTIVAL EXPERIENCE

The Uma Paro in Bhutan is the perfect Himalayan retreat: A stunning setting, a world class spa, endless adventure, comfort and elegance. Your seven-night stay offers the chance to relax and rejuvenate in one of the most exclusive countries in the world.

You fly (overnight) to Kathmandu via Doha and spend 1 night at Dwarikas Hotel in Katmandu.

Then fly to Paro for 7 nights stay in the luxury Uma Paro hotel. The Paro Valley offers a multitude of possibilities to suit every style and taste. The staff at Uma Paro are expertly on hand to create bespoke excursions for guests and can tailor these perfectly to individual sensitivities and demands.

Included in the cost are a range of excursions that can fill the 7 day stay in Bhutan and can be tailored to suit any request. There are guided walks with picnic lunches taking in the highlights of the Paro Valley including Taksang (Tiger's Nest Monastery), the National Museum, Drukyl Dzong, traditional villages and the temple of Kyichu Lhakhang.

Guests can take the opportunity to take a morning Puja (pilgrimage) to a local Buddhist monastery. A day spent in the recently opened Haa Valley offers the chance for spectacular mountain views. For the more energetic, a day exploring the Paro Valley on mountain bike is always exhilarating.

A trip to Thimpu, only 2 hours by road can offer the chance to savour the culture of markets of this tiny Himalayan capital. The rich fabric of Bhutanese culture on offer water the senses at every moment, yet upon your return to the Uma Paro you can relax and savour the fine cuisine and soothing spa treatments. Uma Paro offer packages of all lengths, including 4 day treks outside the Paro Valley. Fly back to Katmandu, spend 1 night and then take an onwards day flight back home.

It is a suggested itinerary and can be tailored to suit your individual needs, please call us on **02073761950** or e-mail us to [info@carteblanchetravel.com](mailto:info@carteblanchetravel.com) for your personal quote.



## UMA PARO

Uma Paro, set in the stunning Paro Valley is the perfect place for spiritual and physical wellbeing.

Situated in the wildly beautiful Paro Valley and perched on a 38 acre hilltop, Uma is the perfect place if you are looking for spiritual and physical wellbeing. The fusion of modern minimalist and indigenous styles gives Uma a truly unique feel. Though retaining traditional Bhutanese character, the 29 rooms, suites and villas have oversized bathrooms and minibars, DVD players and yoga mats. The resort offers trekking, yoga programmes and Spa treatments from the famous 'Como Shambhala' therapists.

From Paro, there is plenty to see and do, from wandering around the peaceful Bhutanese towns and markets, freewheeling down 30kms of the Haa Valley, trekking to see clifftop monasteries or taking in the vibrant and hugely entertaining festivals. Bhutan is a place that fulfils all the senses.

**Accommodation** 9 Superior Doubles, 9 Deluxe Doubles, 8 One-Bedroom Villas, 1 Two-Bedroom Villa

**Location** Paro

**Getting there** 11.5hr international flight (1 change) then 15min transfer by road

**Children** Children welcome but no facilities

**Facilities** Swimming pool, steam rooms, hot stone house, gym, yoga

**Paid activities** Overnight camping treks, mountain biking, spa, yoga, archery

**Weather** Best time to visit is Oct to Dec and Feb to May

**Services** Butler service

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